

A Comprehensive Prevention Plan

School Policy:

Comprehensive and compassionate substance abuse policies promote a healthy and positive school environment. By partnering with students, their families, and communities, schools can help all students reach their potential.

Universal: Student Prevention Education

Prevention Education delivered by a certified Prevention Specialist examples of evidenced based curriculum.

Selective: Early Identification

Group Sessions Certified Prevention Specialist conduct time limited individual sessions at school to students following participation in Prevention Education Series.

Indicated: Referral

Students and parents who require treatment, more intensive counseling, or other services are referred to appropriate agencies or practitioners in the community.

Recovery & Support:

A network of academic advisors, teachers, and treatment providers who are invested in students' success upon returning to school.

Staff Development:

Provide all educators with basic information on how to identify the signs and symptoms of student substance abuse (and other mental health problems) and how to intervene or get the student help.

Student Assistance Program (SAP):

A K-12 school-based, evidence-informed framework for prevention, early intervention, referral and support for students with needs that may prevent them from fully benefitting from their educational experience.

Youth-led Prevention/Peer-to-Peer Education:

- An effective way of sharing knowledge
- A good way of communicating ideas
- Enables Students to maintain healthy relationships
- Encourages strong interpersonal skills

Parent Education:

Parent education reinforces what children learn in school. Refer parents to family-based prevention programs that enhance bonding and relationships with their children.

Community Partnerships:

A community partnership includes a formal arrangement a school can make with an individual, association, private sector organization or public institution to provide a program, service or resource that will help support student achievement.

